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The Future of Motorcycle Safety for Idaho *STAR*

By: Kyle McCarty, Idaho *STAR* Kyle@idahostar.org



In the Fall 2018 SMSA Spotlight Magazine, there was a fantastic article by Brett Robinson titled, "The Future of Motorcycle Safety and Rider Training."

A few conclusions that resonated with our program, and that Idaho *STAR* has begun to address are:

We need to target:

 The tough to reach rider who does not take rider training or participate in clubs/groups. (e.g. knowledge, skills, and attitudes)

States will need:

- Innovative approaches to reducing motorcyclist crashes, injuries, and fatalities.
- Research to support motorcycle safety countermeasures.

The motorcycle safety community needs to:

- Establish PARTNERSHIPS to work on common goals to reduce crashes, injuries, and fatalities.

Rider training programs need to continually improve rider training curriculum and operations:

- Improve cognitive skills development

I anticipate that you, your training program(s), and your state may be experiencing similar challenges and opportunities that we in Idaho are too!

Here at Idaho *STAR*, we began several initiatives within 2018 in hopes of reducing crashes, injuries, and fatalities. Our approach has been generating a lot of interest. As such, we are optimistic that we will see a decrease in our statistics.

In line with Brett's article, here are a few of the initiatives Idaho *STAR* has introduced:

Moto Skills Challenge

To address:

We need to target:

 The tough to reach rider who does not take rider training or participate in clubs/groups. (e.g.knowledge, skills, and attitudes)

"Ghost Riders" (who are unlikely/unwilling to take a training course) are challenging to reach. These folks are both active duty and civilian riders, with only a few being a part of a riding group. These riders are difficult to reach and reluctant to take training courses. Sadly, these riders are typically overly represented within serious injury and/or fatality crashes.

Experience confirms that just by mentioning "Safety," "Class" or "Training," many o' Ghost Rider will immediately tune out or shut down. Yet, by stating "Skills" and/or "Challenge", many o' Ghost Rider can be engaged to consider the "challenge" component.



SMSA Listserv

Please take advantage of the SMSA Listserv hosted by Oregon State University. The SMSA Listserv is an easy and efficient way to contact your fellow SMSA members with questions relating to Motorcycle Safety and Rider Education. To sign up, visit the SMSA website Members Only section and choose the tab for Listserv. Summaries from past postings are also listed under the Listserv tab.



Idaho *STAR* has found that by asking, "Are the others that you ride with up to the challenge?" or "Do your fellow group riders have skills?" This seems to engage them. Then, add to "challenge" the optional "time trials" -to see who can ride the smoothest/quickest-folks often become inspired to participate. (Could be ego, pride, dignity, or whatever... if it gets a Ghost Rider to engage, it's worth the effort!)

The 2018 Moto Skills Challenge launch has engaged many o' Ghost Rider that had NEVER taken, and professed would never take, a safety course. And yet, some have already asked for our 2019 schedule to come back and take it again. (This is uncommon for many training course students, much less to bring their friends.)

Moto Skills Challenges provide a safe environment to test rider skill while providing practice of low-speed maneuvers such as weaves, obstacles, turns, off-set weaves, tight-turns/U-turns, swerves, and/or stopping. Moto Skills Challenges are unique events set up differently to help riders push their abilities and practice their skills differently each time. Practice of perishable skills while disguised as a "challenge" is the usefulness. Course skills include navigation, safety awareness, safety margin control, turning and stopping skills, posture -for the drill, and appropriate technique(s) -for the drill.

One goal is/was to invite riding group officers in hopes that their positive experiences would become a challenge-call for other riders. We have already witnessed this. Some officers instantly became a group mentor based on their lessons-learned. Already, they (and thus WE) are reaching Ghost Riders.

Driver Education

To address:

States will need:

- Innovative approaches to reducing motorcyclist crashes, injuries, and fatalities.
- Research to support motorcycle safety countermeasures.

Like many states and private programs, we were already trying to support outreach to young drivers via driver ed courses. In 2018, we dramatically revolutionized our approach and efforts to counter the "Driver At Fault" perception.

Late in 2017, we accepted an invitation to speak to most Idaho Driver Education Instructors. Our goal was to offer each Driver Ed Instructor a motorcycle-based outreach class for each driver ed course being taught. We wanted to provide an Idaho *STAR* Instructor to address:

- awareness of motorcycles/riders
- the differences between riding and driving techniques and strategies
 (some of which put us in direct conflict with each other)
- the "why" riders do what we do, as we try to ride safely.

Three enlightening conversations supported are:

- Unintentional Blindness and Rider Invisibility,
- Time & Space and Look Twice -to save a life,
- Cornering Techniques -that can put a rider in direct conflict with driver strategies

These are two screen shots used within the *STAR* Driver Education program:

Reinforcing "Look Twice" and "Time and Space."



FORCES AT PLAY...



To reinforce differences within "Cornering Strategies."



The engaging presentation and PowerPoint solicit experiences and involvement from the young drivers. Use of humor, shock-and-awe, and collaborative conversations capitalize on experience(s), anxieties, as well as an ignorance about motorcycling. We inform and highlight vehicle and handling differences along with similarities/differences of strategies to not "get hit" or not "hit" someone.

Without question, the students come away with a much greater appreciation and understanding for what riders need to do to see, be seen, and safely be in control.

eRider® Course Option

To address:

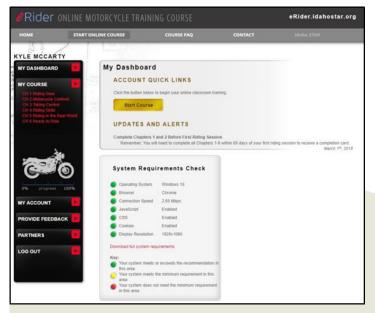
Rider training programs need to continually improve rider training curriculum and operations:

- Improve cognitive skills development

It is fascinating to watch the growing interest and successful completion of positively engaged and motivated students completing the *STAR* eRider® training course.

In 2018, Idaho *STAR* deployed a customized Team Oregon eRider® platform to support our curricula.

This incredible eRider® platform engages students in many cognitive, critical thinking, and choice vs. consequence applications and drills. A variety of learning modalities are supported through videos, highly interactive and engaging activities, and a consistent delivery supporting choice to energize deeper understanding and absorption of strategies and skills. (Another benefit is the lack of any potential Instructor "drift".)



Students appreciate the opportunity to reduce course "time" by only having to attend range sessions. Students are no longer confined to a traditional class experience. Students can take their time and complete the course as convenient.

It has been noteworthy to witness such successful student performance and pass ratios. Student riders do really well utilizing the eRider® model. Initial data is showing riding skills tests are as good -if not even better- than traditional classroom experiences.

Rider- ONLINE MOTORCYCLE TRAINING COURSE				eRider.idahostar.org
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Collaboration and Coalitions with Partners, Dealerships, Vendors, and Riding Groups

To address:

The motorcycle safety community needs to:

- Establish PARTNERSHIPS to work on common goals to reduce crashes, injuries, and fatalities.

Idaho *STAR* is continuing to partner and collaborate with rider groups, coalitions, dealerships, vendors, and other state agencies and programs to support valueadded relationships and increased program awareness. As a program we support outreach efforts, training sessions, conference participation, as well as collaborating with safety and risk management events throughout Idaho.

Although many state officials and politicians desire instant gratification from outreach and/or education programs, we realize that culture shifts take time. Idaho *STAR* is steadfast in our on-going mission to engage, educate, and empower awareness, strategies, and skills to help riders arrive alive -now, and in the future. We continually strive to evolve our strategic plan to suitably correspond with ever-changing culture shifts, rider demographics, and crash/fatality causation statistics. As a part of *STAR*, I'm excited to continue to support transformative initiatives as our program evolves to address the changes in our riding community and needs thereof.

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Happy New Year



SMSA wishes all of our members and traffic safety

professionals a happy and safe New Year! Thank you for your support and interest in SMSA.

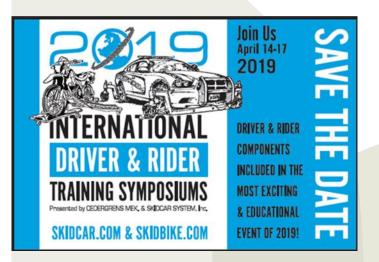


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It was the Best of Rides, it was the Worst of Rides

By: Steve Kirsch, Be Crash Free, LLC <u>steve@becrashfree.com</u>

Diane and Jack see the world on two wheels, scheduling their vacation time to accommodate their passion for



motorcycles. They took a "get your license" class together about 20 years ago, and that basic class turned into thousands of magical miles, riding all over the country.

Many people attend formal training to earn a motorcycle license. Unfortunately, most don't take another class to receive more training to improve their knowledge, skills, and strategies. Knowledge, skill and strategy became painfully relevant to Jack and Diane on their most recent trip; it was a ride that certainly didn't go as planned...

Jack and Diane were headed over a winding mountain pass toward their destination for the evening. It was late-afternoon, and they were both getting tired. With Jack in the lead they headed into a right-hand curve a bit faster than they realized. About half-way through the curve Jack was startled by both an oncoming car and the turn getting tighter. Before he knew what happened; Jack was on the pavement, sliding across the road – passing mere inches in front of the car's bumper. As he slid, he looked back to see Diane also sliding across the road, just *behind* the same car.

The good news - neither rider was badly hurt. They were both wearing full gear which bore the brunt of the damage. Their bikes, however, didn't fare as well. There was significant "bodywork modification" to both bikes; a bent rim, missing footpeg, and handle bars that resembled deer antlers topped the list of damages. After gathering the bikes and broken parts into a pile along the side of the road they contacted a towing service – and settled in to wait.

They sat together on the side of the road, both reflecting - Jack on what he'd done wrong, and Diane on what they should do next. Diane spoke first. "Ok, first things first; we need to get home, look into fixing the bikes, and make the best of the rest of our vacation time." Jack smiled. Diane was always the calm voice of reason in their relationship. Continuing, Diane said "I'm thinking maybe we should get some more rider training. I'm sure there's more to learn...and the next time we're in a situation like this, we'll both know what to do." Jack immediately felt better. This was a step toward keeping their riding adventures going.

When they got home, they scoured the internet for motorcycle training information. They found some studies which showed that advanced rider training reduces the risk of a crash - they liked that! Another thing they found was that there are a LOT of training options, covering all aspects of riding. Now the question became; "what class should we take?"

A brief internet search yielded something new - the Circuit RiderCourse (CRC) offered in Southern California. They had attended the BRC and even an Experienced Course, but the CRC was new. The first thing they noticed is that although it is definitely NOT a track class or a track day, it does involve speeds of 50-65mph and is intended to improve street riding. The circuit involves curves, decreasing radius turns and some fun straight-aways! The topics covered include maximum braking, vision, smoothness, and a number of other important rider tasks. The class uses over 500,000 square feet of pavement and allows for riding the circuit over and over again so that all riders can make changes, have excellent takeaways and improve on each lap. Within 5 minutes they were sold – and signed up for the next available class.

So, with their next vacation planned for sunny southern California, and a new commitment to improving their motorcycling skills, Jack and Diane set about repairing their trusty steeds.

http://bit.ly/CircuitRiderCourseBCF



Jack and Diane's story doesn't end here. Stay tuned for more next issue, when they will share their Circuit *RiderCourse* experience with all of you!

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Emergency Preparedness: What to do Before an Accident Occurs to be Ready to Respond

Author: Steve Reed Medical Data Carrier <u>stevereed@medicaldatacarrier.com</u> 613-709-2941



Biker Down is a no charge program that was devised to provide tools to help bikers in the United Kingdom before they're involved in a crash. The course lasts roughly four hours and is split into three modules: How to manage the scene if you come across a collision; Immediate Emergency Aid; Collision prevention and the Science of being seen. The program was created by UK Fire Bike, and it functions in partnership with Ambulance Services and the Police.

The crux of the training is predicated by the fact that the first responder on scene at a motorcycle accident is usually a fellow rider. By having this training, riders gain a greater respect and visual preparation for the physical damage that a motorcycle accident can cause. The course content instills confidence to participants that they can "deal with" the visual and adrenaline filled stimulus and respond with the appropriate accident scene management including first aid requirements. This training importantly covers the proper technique to safely remove a helmet. Training is provided to over 10,000 riders a year who have a wide variety of riding experience from the veterans to newbies.

New for 2019, all participants of Biker Down will receive a free Medical Data Carrier (MDC). Affixed to the exterior of the helmet this super thin vinyl sleeve contains a two-sided medical data form that captures everything and more that the first responder and the receiving hospital may require to do an efficient and effective treatment. Indeed, Good Samaritan first responders can use this information to relay crucial medical information to inbound EMS so that they may arrive on scene better prepared.

Paying Too Much To Insure Your Motorcycle School? For a Free Quote Call Toll Free 800-247-9718 Or Visit Us Online www.affordablehomeservicesinsurance.com Kelly Nash, Executive Director of The Paramedic Chiefs of Canada says, "A Medical Data Carrier is a simple and very effective means for anyone to provide 911 and EMS with very crucial information." It can also reduce the potential for complications arising from drug interaction or other issues at the time of treatment. This in turn reduces the emotional and financial burden on all stakeholders when accidents occur including; family, employer, EMS, insurance, community and more.

Locating the MDC on the helmet provides two crucial benefits; it means that every time the rider straps on their helmet they are visibly made aware of the risks inherent with motorcycling and it can be easily located and accessed by EMS. Exterior branding by Biker Down makes every graduate a brand ambassador and identifies the individual as trained to respond when needed.

Partnering with MedicAlert Foundation (MAF) in the UK and the USA, MDC's medical data form also includes MAF's emergency hotline phone number and the membership ID, if the rider is also a MedicAlert member. MedicAlert Foundation offers 24/7 life-saving services that provide critical health and identification information in our members' moments of need. MDC's simple, no-tech products allow us to reach more people, and together, we can further empower first responders to make informed decisions that protect and save lives. Safety sets you free and that's at the core of our partnership," says Bret Sorkness, Partnerships & Growth Director at MAF.

Addressing the, "What would you do, and the what next?" before an accident happens, through Biker Down training and with the MDC's constant visible warning and emergency information is not about having fun, rather it is about empowering the rider and the riding community. Who would not want to ride with an individual or group that is prepared to respond when an accident occurs and has taken steps to help others help them if they are involved in a crash?

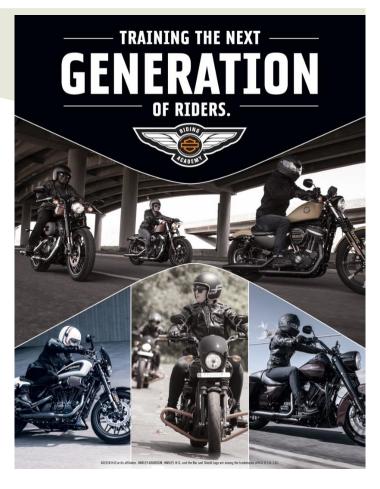
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Colorado Motorcycle Safety Program

Author: Glenn Davis Colorado Department of Transportation (CDOT) glenn.davis@state.co.us

In 2017, there were 648 traffic fatalities in Colorado. Of these traffic fatalities 103 were motorcyclists' fatalities. In 2017, 90 were male and 13 were female. Ninety-six were motorcycle operators and seven were motorcycle passengers. Motorcyclist fatalities represented 16% of Colorado's total traffic fatalities. Motorcyclist fatalities decreased 18% from a record high of 125 motorcyclist fatalities in 2016. Additionally, 89 (78%) of motorcycle operators involved in fatal crashes were determined to be "at fault" and 50 (42%) of fatal crashes involved only the motorcycle and no other vehicle.

Twenty-nine fatal crashes involved only the motorcycle and no other vehicle. Forty-six motorcycle operators killed in a fatal crash tested positive for alcohol or drugs. Fifteen of the motorcycle operators tested positive for alcohol (BAC >=0.08) only, 24 operators tested positive for drugs only, and seven motorcycle operators tested positive for both alcohol

and drugs. Sixty-five (63%) of motorcycle operators killed were not wearing a helmet. Adults are not required to wear helmets when operating a motorcycle.

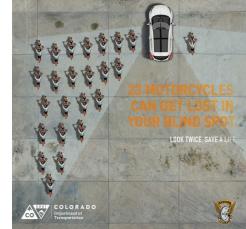
Statewide in 2017, there were 118,780 total recorded vehicle crashes and 2,273 of those crashes involved motorcycles. Though motorcyclists were involved in 2% of all crashes, when they did crash, 62.5% of the time the motorcyclist was at fault.

In 2017, among all motorcycle operators involved in a crash, 48% were properly wearing helmets.

Colorado has a legislative mandated Motorcycle Operator Safety Advisory Board (MOSAB) which includes a Highway Safety Office (HSO) member. The member holds an executive leadership position and through this involvement provides input and direction on motorcycle safety training, awareness, media and funding. A member from the HSO management team represents Colorado motorcycle safety interests on the State Motorcycle Safety Administrators organization.

The HSO utilizes funding to support media campaigns designed to increase motorist's

awareness of motorcycles on Colorado roadways. The 405f funds, the HSO allocates \$75,000 in NHTSA 402 funds for motorcycle safety efforts.



CDOT's 2018 statewide motorcycle safety campaign aimed to raise awareness of the importance of checking blind spots and looking or motorcyclists when turning at intersections. The campaign is directed at drivers, who often miss seeing motorcyclists on the road. The average vehicle blind spot is over 600 square feet. To bring this concept to life, CDOT partnered with 9NEWS to develop an exclusive segment on the size of blind spots to help increase awareness among drivers. This resulted in over 4 million impressions from several news stories statewide, indicating wide campaigns are developed through problem identification and disseminated to the public during peak motorcycle riding activity. In addition to National Highway Traffic Safety Administration (NHTSA) audience reach. A social media campaign also complemented the effort by using informative images to educate the public. Posters were created for driving schools and motor vehicle departments across the state.

Of course, motorcyclists can help reduce crash fatalities, too. Head injury is the leading cause of death in motorcycle crashes. Therefore, CDOT encourages all riders to wear helmets and other protective gear. Nationally, 715 lives could be saved each year if all motorcyclists wore helmets. Drivers have a responsibility to watch for motorcycles just as motorcyclists need to ride safely and obey speed limits.

For information on Colorado's Motorcycle Safety Campaign contact Glenn Davis (information above).

NEW! Check out the SMSA Newsletter...

During the 2018 SMSA Summit, several members expressed interest in having a monthly publication to keep the membership informed of SMSA activities. Future issues will include updates on SMSA Committee Activities and Goals as well as program highlights and initiatives.



SAVE THE DATE! 2019 SMSA National Training Summit in Grand Rapids, Michigan

The 2019 SMSA National Training Summit will be held September 11-14, 2019 at the Crowne Plaza Grand Rapids Airport, Grand Rapids, Michigan.



2020 SMSA National Training Summit in Nashua, New Hampshire

The 2020 SMSA National Training Summit will be held September 16-19, 2019 at the Radisson Hotel, Nashua, New Hampshire.



Step into the Spotlight

Have your article featured in the next edition of Spotlight Magazine. Please submit articles to the SMSA office at office@smsa.org. Articles can showcase your state safety campaigns, state programs, best practices, teaching techniques, new motorcycles; anything motorcycle safety related.



For a copy of the SMSA Guidelines for submitting Spotlight Magazine articles, please visit www.smsa.org.

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Thank You SMSA Supporting Members

